**Questions 14-16**

Choose, the correct letter, A. B, C, or D.

Write the correct letters in blank spaces 14-16 on your answer sheet.

**14The writer does not recommend multivitamin supplementation for ……………………**

Apregnant women.

B young children.

Canyone prone to eye problems.

D old people.

**15According to the writer, vitamin E has been shown to ………………….**

Alead to heart problems.

B be good for heart health.

C support the immune system.

D have no effect.

**16 The Medical letter Group believes antioxidant supplementation ……………………..**

Ais ineffective in attacking free radicals.

Balerts the immune system to the presence of free radicals.

Cattacks both free radicals and the immune system.

Dprevents the immune system from responding to free radicals.

**Questions 17-21**

Do the following statements agree with the information given in Reading Passage 2?

In boxes 17-21 on your answer sheet, write

**YES**, if the statement agrees with the views of the writer

**NO**, if the statement contradicts with the views of the writer

**NOT** **GIVEN**, if it is impossible to  say what the writer thinks about this

17Some multivitamin tablets have indigestible ingredients.  
18Some individual vitamins are better absorbed than others in a tablet form.  
19Our bodies cannot distinguish food-based from supplement-based vitamins.  
20Multivitamins can lead to poorer overall eating habits in a person’s life.  
21People typically know that fortified processed foods are not good for them.

**Questions 22-26**

Write the correct letter A, B or C, in boxes 22-26 on your answer sheet.

**Classify the following groups of people according to whether they believe.**

A the supplementation may have a positive effect

B the supplementation may have a negative effect

C supplementation has no effect

22The United States Department of Health and Human Services  
23The National Institutes of Health  
24The Food and Nutrition Board of the National Academy of Sciences  
25The National Advisory Board  
26The Heart Protection Group